

# The Caterham INDEPENDENT The FREE local powerpage for the people of Caterham & Chalden



No. 22

March 2008

**CIRCULATION: 12,000** 

**ESTABLISHED 2006** 

**FREE** 

# Counting down to the first Bunny Fun Run!



the first Caterham Rotary 1km Bunny Fun Run and 5km race being held on Sunday, 16th March in Queen's Park, Caterhamon-the-Hill. The Easter Bunnies have been out and about in Caterham handing out registration forms and encouraging everyone to take part in what is hoped to become a popular annual event in Caterham. Nestlé are kindly donating the Easter eggs that will be awarded to everyone who takes part (provided they have registered!) If you have not al-



The Rotary Easter Bunnies with manager Debbie Skilton outside Tesco's in Caterham-on-the-Hill

ready done so, please send your registration forms in as soon as possible. Forms can be picked up at de Stafford Sports Centre in Burntwood Lane or simply telephone 01883 346641. All proceeds will be donated to Marie Curie Cancer Care and other Rotary charities.

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#### Young artists' work goes on show at The Arc



Photograph by Julia Church

From 18-29 February, the Arc hosted a wonderful display of artwork by pupils from Hillcroft Primary School, St. Francis RC Primary School and St. John's CofE Primary School.

Situated in 'The Village' in Caterham-on-the-Hill, the glass-ceilinged Arc's gallery provides the perfect setting for exhibitions such as this, being filled with natural sunlight and with ample wall-space.

Hillcroft teacher. Stephanie Scutter, said: "The pupils were thrilled to have their work displayed in the Arc. As well as classwork, we selected work produced in our Art Club and Enrichment Classes. We have been able to display a variety of pieces from clay jewellery to Mod Rock masks and work produced from acryllic paint and crayons."

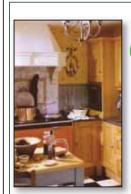
Pictured above, clockwise from bottom left, are Hillcroft Year 6 pupils Elbin Paul, Shabana Rahman, Jovón Young, Michael Thum and Isabel Porcel.

#### Strong show of support for Caterham Hill P.O.

Following the provisional decision to keep Caterham-on-the-Hill Post Office open, residents have rallied to secure its future during the six week consultation period that ends on 10th March. Approximately 1,000 people have signed a petition to show their support for the post office. The sub-postmaster of Caterham Hill Post Office approached Tandridge District Councillor Matthew Groves for support when he was notified that the post office would stay open, 'Subject to the outcome of a six week consultation period'. "As a local councillor it is important that I listen to local residents' and husinesses' concerns and help with their queries," said Cllr. Groves. "Caterham Hill Post Office provides a valued and vital service. It is so important that we take seriously this review of the viability of post offices and send a clear message to

Post Office Ltd that we need Caterham Hill Post Office. For many people it is a lifeline. I would like to thank everyone who has taken the trouble to sign the petition or write directly to Post Office Ltd. At this stage the provisional decision is to keep Caterham Hill open but that depends on our com-Please support ments. our Post Office!"







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#### 'Partnership' is the key to improved transport services

Transport for Surrey (TfS) took a significant step forward on Friday 22nd Febru-50 delegates from local and government authorities as well as health and transport providers, signed up to the TfS concept and identified some first steps. The partnership initiative is being led by Surrey County Council. Iain Reeve, Head of Transport for Surrey, said at the conference: "Transport for Surrey will focus on the needs of Surrey residents and businesses, seeking to provide them with more travel choices, more joined up services and more reliable journeys around the county.

"Transport is currently too confusing for many people,' he added. "You shouldn't have to worry about which organisation runs the buses or the trains or manages the roads. The customer should be able to get journev information from one

source instead of having to go to several and should be able to complete their journey with just one ticket." With this in mind, the proposals that found universal favour amongst the delegates were:

The possible introduction of a Surrey travel card, like the Oystercard, to provide one ticket for a whole journey; Better co-ordination of timetables so that people don't have to waste time waiting for connections, including between bus and rail; Station developments to include improved cycle and parking facilities; Better information on traffic and journey times.

Iain Reeve continued: "There is no blueprint for what we are trying to do. These are organisations used to working in partnership but they acknowlit edaed is usually one-to-one. This time it has to be a multi-agency

approach."

The next steps will be the establishment of a Transport Board and the setting up of a number of subgroups to look at the key issues. David Munro, Surrey County Council's Exec-Member utive Transport, said: "We are at the start of a journey. If we can co-ordinate with each other, keep beaurocracy to a minimum and stay focussed on what the travelling public want, we will make travelling a better experience for everyone."

#### Parliamentary selection for Matthew Groves

Matthew Groves, has been selected to stand as the Conservative candidate for newly created seat, Plymouth Moorview.

Matt has lived in Caterham all his life and has represented Queen's Park Ward on Tandridge District Council since 2002. Matt went to Marden Lodge Primary School, St. John's CofE Middle School and St. Bede's Secondary School

in Redhill. Matt read Philosophy, Politics and Economics at the University of East Anglia. He was called to the bar in October 2004. "I am absolutely delighted to have been selected to stand in Plymouth," said Matt. "I will continue to work for Queen's Park residents as a local councillor and I made the selection committee in Plymouth aware of this commitment."

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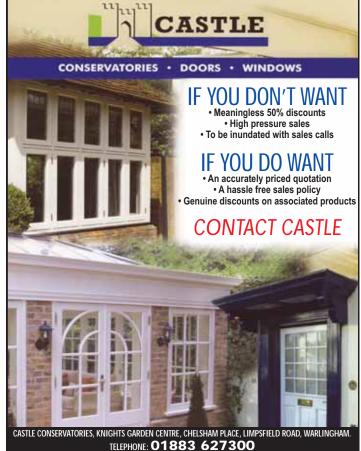
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The Caterham Independent March 2008

by Alec Herbert

A Walk in the Park -Five with a 'Park' theme

- 1. Who had a top ten single and number one album in 1994, both called "Parklife"?
- 2. In which Jane Austen novel is the heroine "Fanny Price"?
- 3. London's world famous Dorchester Hotel can be found on which thorough-
- 4. Which Scottish league football team plays home fixtures at Hamden Park?
- 5. Prestbury Park, which will host one of Britain's major sporting events later this month, can be found in which English town?

Gold Cup meeting). (Horse racing's Cheltenham Cheltenham ٠ς Park; 3. Park Lane; 4. Queen's 1. Blur; 2. Mansfield Park;

## Parish Council poster competition winners



The three lucky winners of Caterham-on-the-Hill Parish Council's litter bin poster competition were presented with their prizes and certificates at a recent meeting of the Council. The compeititon was organised to encourage children to think of ways to promote tidiness and discourage littering. The winning designs will be used

to decorate bins in the area. Photogaphed with Parish councillors Hilary Turner and Karle Simpson, above, are: 1st prize winner, Becky Vicars, age 10 from Hillcroft Primary School (centre);2nd prize winner, Daniel Hull, age 8 from Audley Primary School and Isabelle Stickland, age 9, also from Audley Primary School.

# Value for Money

Parish Council has approved its Council Tax precept for 2008-09. The Parish Council's Finance and General Purposes Committee Chairman, John Orrick, said: "We are pleased that we have kept the increase in the Parish Council part of the Council Tax bill below the level of inflation. We consider that the 2008-09 Parish Council Tax of less than 15p per week for band D properties represents real value for money."

John added: "Hill residents and businesses will be aware of the Council's major projects - Christmas Lights, hanging bas-CCTV camera, Hillcroft Corner, Litter Picks, the Hill in Bloom and Hill in Lights competitions amongst others. On the Parish Council, we remain committed to enhancing our town and are

ideas on how we may help this come about."

- The rise in Parish Council Tax for 2008-09 is just 1.9%;
- That's an increase of just 7p per year per household at band D;
- Parish Council Tax for the year 2008-09 totals £7.42 at Band D.

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# Food for thought

by District Commissioner, Andy Parr

There are 11 Scout Groups in the Caterham District with 34 different sections, and I thoroughly enjoy visiting them either at their HQ or out at camp. However, I always seem to arrive when they are either cooking or at a meal time! At the Woldingham Scout Troop recently I tasted my favourite, apple crumble cooked in a small pan; I had Christmas Dinner cooked by the District Explorer Scout unit and had countless pancakes last month. I was therefore delighted to visit Chaldon Beaver Scouts to see their programme on healthy eating.

There are many badges that the young people can earn and enjoy doing such as the Community Challenge map reader, athletes or naturalist badges. All these badges need adults to help train the young people. That's where you can assist us.

People often say that children are a problem, that they don't do anything except play on computers or annoy the neighbours.

I don't agree. In Caterham District Scouts there are almost 600 young people, about 80 more than there were this time last year. On top of this there are many members of the Guide association,

the Cadets and many other organisations, but none would survive without adult support.

skills, hobbies. Your knowledge, or experience, and a little time are all that is needed to help the development of a young person in achieving their full physical, intellectual, social and spiritual potential, as individuals, as a responsible citizen.

If you can assist in any way with Scouting in the Caterham District, please contact Andy Parr on 01883 340561.



The Chaldon Beaver Scouts get creative with healthy foods

#### Plastic recycling comes to Caterham



Back row, left to right; Chairman of Tandridge District Council, Stephen Atria, Tandridge Ted, Millie the Milkbottle and Chairman of the Community Services Committee. Tony Elias with children from Hillcroft Primary School

On Tuesday 26th February, Tandridge District Council rolled out its weekly recycling service to 4,000 households Caterham-on-the-Hill. Plastic drinks bottles and milk bottles can now be recycled and should be left in the blue recycling bag. Tandridge Ted and Millie the Milkbottle paid a visit

to Hillcroft Primary School

in Chaldon Road to launch

the new collections and teach the youngsters the importance of recyling. Chairman of the Community Services Committee, Councillor Tony Elias, said: "We want to encourage more residents to recycle and are delighted with the response to the weekly service. By taking part residents have helped us increase the amount of waste recycled."

On Wedensday, 27th February, budding young artists from Oakhryst Grange School brought a splash of colour to their day by taking part in Marie Curie Cancer Care's national Paint Your Mini Pot Day, part of the charity's Mini Pots of Care fundraising initiative which is run in partnership with Yellow Pages.

More than 281,000 school children across the UK were given a mini pot and daffodil bulb to plant and nurture last autumn to reflect the care that Marie Curie Nurses provide to terminally ill patients. Last week the children decorated their recently bloomed pots and took them home to someone they care about in return for a small donation to the charity.

Mrs Munnery, Kindergarten teacher, said: "The children really Kindergarten enjoyed looking after their daffodil bulbs throughout winter and have had a great time painting their pots today. By taking part in this simple and fun activity, the whole group has been learning about the fantastic work of the Marie Curie Nurses."

Mini Pots of Care forms part of the Great Daffodil Appeal, the charity's flagship annual

fundraising campaign takes place throughout March and is supported by Yellow Pages. The group are putting their best designs forward to a local competition which will be judged by a Marie Curie Cancer fundraiser.

Yellow Pages will award the winning pupil with an individual creative prize and £50 in book vouchers for their group as well as matching a £50 fund to the charity. The winning child will also be given a cuddly 'Fetch' the dog mascot, donated by City Link.

For further information, please visit

www.mariecurie.org.uk/minipotsofcare



Pupils from Oakhyrst Grange school with their 'Mini Pots of Care'



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# de Stafford in the community

#### by Mark Phillips

#### Head teacher of de Stafford School

I was immensely proud last week when I was asked to accompany a group of Year 11 students on a visit to East Surrey Hospital. The students raised over £4,000 to fund a recreation room for teenage patients and their families. The room had been equipped with two sofas, television and DVD player, a pool table and a selection of students' art work all properly framed. It was a delight to see the pride that the students felt in their achievements. It was also great to see the obvious pleasure that the new room is giving the staff and patients in the hospital.

#### School Elections

Students worked hard last year to set up a new school council called the "de Stafford Democracy". In its first year the council became fully involved in representing the students' views on important issues such as equal opportunities, anti-bullying, school uniform, and school meals. Last week we held elections for the new council.

I am sure that any visitors to the school will have been made quickly aware of how seriously the students took the election. Candidates campaigned hard, issuing leaflets and badges, and making speeches to their year groups.

On polling day we had Tandridge District Council set up the official voting booths, issue ballot papers and manage the boxes. With a very high turnout at the poll it was left to the official Returning Officer to announce the names of the winners.



Amy Sims, Oli Year 7: Stone, George Hindson, Zoe Quinney

Year 8: Hannah Wingrave (existing member), Robert Peet (existing member), Nicole Thompson, Daniel Sharp

Year 9: Beccy Cassie (existing member), Astrit Selimi, Abigail Leighton, Darlene Gera

Year 10: Jonathan Stowell (existing member), Connor Lancley, Thomas Eldridge, Hannah Jary

I must also congratulate those students who put themselves forward but were not elected. I am sure that they were disappointed, but should feel very proud of the excellent way they took part in this important democratic

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#### **Musical moments** at Caterham Prep



Lauren Hunt Williams and Catherine O'Connell on saxophone and violin

Caterham Prep's musical Year 4 pupils took part in a soloists' concert at the school recently.

The talented eight and nine year olds played many different instruments, including piano, saxophone, flute, viola, cello, French horn, trumpet, drum kit and clarinet. Many of them played more than one instrument and the evening concluded with performances by ensembles made up of the various players.

This was, for all of them, the first time they had played in public.

#### de Stafford School

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# **COMPETITION**

month. The answer to our Barclays Premiership competition was '2004' and the lucky winner was Peter Dommett from Caterham-on-the-Hill. Mark Goucher, also from Caterham-on-the-Hill, won the Valentines competition with the correct answer: 30 heart shapes. Both winners received a bottle of champagne kindly donated by Barclays Bank.

#### **Burtenshaw's** Beat

by Tandridge Neighbourhood Inspector Elaine Burtenshaw

Hopefully you will all have received your local Neighbourhood Newsletter which is designed to provide an update on the main issues in our area, the action my team will be taking to tackle problems and details on panel meetings and surgeries.

If you have not yet received your newsletter please let me or your local officers know either personally or via the Surrey Police website.

I was delighted so many of you attended the Caterham-on-the-Hill panel meeting at the end of January. More than 40 local residents attended the meeting at Linden Homes which provided invaluable feedback to PC Leesa Crouch and Police Community Support Officer Leanne King.

The main concern for

residents in the area is anti-social behaviour. As you know we re-introduced a Section 30 Dispersal Order towards the end of last year to tackle youth related crime and disorder but a minority of youths are still behaving in an unacceptable manner. Anti-social behaviour is something Surrey Police will not tolerate and we are determined to crack down on this kind of activity. However, it is not something my officers can tackle alone. We work closely with Tandridge Dis-Council, Surrey County Council, the Housing Association, Youth Service and others, in order to provide longterm solutions to neighbourhood problems. the panel meeting it was suggested that residents set up a Neighbourhood Watch scheme which is an excellent way for residents and the local community to play their part in ensuring they are safe and feel safe. If you are suffering from anti-social behaviour let us know. Neighbourhood Panel meetings are a great way to meet the local Neighbourhood Policing team but also provide the opportunity to raise any concerns you have. I would encourage as many members of not only the Caterham community but also the Tandridge community to attend your local panel meetings and surgeries, which are held regularly. By working together we can help keep Tandridge a safe place to live, work and visit.

Details of the Panels and Surgeries can be found by visiting the Surrey Police website (www.surrey.police.uk) and they are also advertised in local papers, district and parish council magazines.

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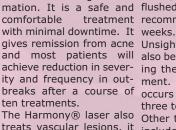
The Harmony ® laser system is a multipurpose treatment platform which treats a number of common conditions.

The Pixel ® laser resurfaces the skin in a safe, effective way with reduced downtime on conventional skin resurfacing niques. It can treat aging skin, acne scarring, and sun damaged skin to give Before treatment a fresher and smoother appearance after just four treatments. Patients will experience subtle warmth as the laser pulses and a mild sunburn sensation is redness lasting a couple of days. Cool air is delivered

minimise any discomfort. The Harmony ® AFT IPL system improves pigmented skin, discoloration, sun damaged skin, and age spots on many areas including the hands, face, neck and shoulders. Texture is also improved by stimulating collagen and elastin thereby creating a smoother, firmer complex-The treatment is comfortable with no downtime. In most cases a course of treatments is







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the skin reducing inflam-

The Harmony® laser also treats vascular lesions, it destrovs blood vessels by sending pulses of light into



Before treatment



After treatment

areas that can be treated which destroy bacteria on are facial thread veins, rocasea, red spots and mation. It is a safe and flushed skin. Treatment is treatment recommended every three

> Unsightly leg veins can also be treated by destroying them with heat treatment. Reduction usually occurs after a course of three to five treatments.

> Other treatments on offer include Dermal fillers that are used to treat lines and folds and they also contour and enhance areas like lips, cheekbones, and even soften some scars. Our wrinkle relaxing injections help to smooth wrinkles on the forehead and smile lines around the eves.

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# In the **Spotlight**

Each month we put a local personality or resident in the spotlight. This month we feature Roger Easter, this year's President of The Rotary Club of Caterham. He is a past Chairman of Caterham Round Table and Caterham 41 Club.

Birthplace: Ilford, Essex

Marital Status: Married

Children: Two - a daughter and son and a grandaughter

Cars: Mazda 6

Pets: None, other than the squirrels and foxes in our aarden

**Childhood hero:** Bobby Moore

Favourite song of all time: The Sultans Swing by Dire Straits



Pastimes: Rotary, Golf, I.T. and walking

Likes: Positive thinking, Football (West Ham Utd) and spending time with my grandaughter

Dislikes: Dishonesty, negative people and cigarette smoke

Favourite Food & Drink: A barbeque in the garden and a large Pimms on a hot sunny day

Favourite TV show: Only Fools and Horses

Favourite holiday destinations: Kefalonia and The Lake District

#### Favourite books:

Any autobiographies

Who would you most like to throw a custard pie at?

Ken Livingstone

Biggest influence on your life: My wife!

#### Proudest moment:

The births of our children

#### Most embarrassing moment:

Knocking a table decoration of flowers all over an important customer during lunch - but still got their business!

Where would you most like to live?

By the sea

Who would you most like to meet? Bill Gates

#### If you won the Lottery jackpot, how would you spend it?

Making sure my children and grandchild are secure, giving to charities and a box for life at West Ham

# Dads, lads and daughters club

On one Saturday a month the 'Superheroes' club meets at Kestrels Children's Centre in Marden Lodge Primary School, Caterham Valley. The club was the brainchild of Linda Smith who works at Kestrels. "We realised that sometimes male carers struggle for somewhere to take their children at the weekends. We decided to make our facilities available and create an environment where adults and children could play together without spending extortionate amounts of money," explained Linda. "Discussions with dads and male carers who use our nursery facilities have shown that there is very little provision in the area catering for their needs." The 'Superheroes' club provides an environment where dads can go to be with their children while meeting other dads in



Having fun at the 'Superheroes' Club

of the children ranges from under one year old to 11. Co-ordinator Steve Pepper arranges lots of inside and outside activities with a break for lunch. "Last December we all went to Tullev's Farm on the trail of Father Christmas," said Linda. "One of the dads even brought his dad so we had three generations of the same family in tow." If you are interested to find out more about the facility, including cost, dates and future events please call Steve or Linda on 01883 348641.

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#### The Bourne **Society**

The Bourne Society is a registered charity dedi-cated to fostering an interest in our local history. Members of the society can participate in a varied programme of monthly meetings, with visits and walks. Talks are arranged throughout the year on topics of local history interest. The Bourne Society also publishes a wide range of books on local history, including the acclaimed Village History series. Membership costs £10 a year.

For more information telephone 01883 349287.





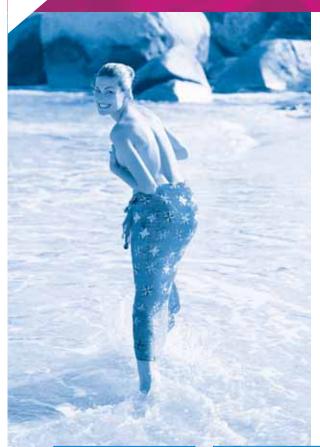
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# In the garden

by Alec Herbert

After an exceptionally wet January, as the weather now begins to improve, thoughts turn to how we would like the garden to look over the coming months.

Whilst enjoying a meal at the Caterham-on-the-Hill excellent restaurant Olivish, I heard someone say: "Now is the time for



Cranesbill flowers freely providing dense ground cover

the annual war on weeds". I prefer 'on-going' to 'annual' in that sentence but, yes, now is a good time to treat weeding as a major job. As long as the soil is not too wet, small weeds can be removed by pulling out or hoeing. If this is done before they seed, it will certainly save much longer and harder work later in the year.

Regular hoeing, weekly if possible, will control many small weeds through the year and prevent them from competing with your plants for nutrients and water – so it is not just an aesthetic thing!

Perennial weeds such as nettles, ground elder and bindweed which spread by underground root systems are more difficult to deal with. Brambles both grow and spread at a rapid rate and can detract considerably from the appearance

of a hedge or flower bed. The stems will grow through shrubs hedges and are likely to self-root whenever the stem touches the ground, thus producing even more shoots. The main root will have a brown node just below the surface so loosen the soil around the roots and try to dig out as much of the root system as possible. Any roots, or small bits will soon produce new shoots and your problem starts again.

Once beds and borders

are reasonably clear of weeds, consider applying a thick mulch such as forest bark as this will suppress small weeds and discourage seedlings from establishing themselves. Gardening, as I have said regularly in the past, is all about forward planning, so consider now how you wish the garden to look in the coming months. Planting out is much more interesting than weeding but both are necessary for the garden to meet your expectations.

#### Windmills and Watermills

Local historian, Gwyneth Fookes, gave a fascinating illustrated talk on the subject of local windmills and watermills to members of the Surrey Wildlife Trust last month. The talk took place at the White Hart Barn in Godstone.

At the start of her talk, Gwyneth said: "Doing my research I was amazed to discover that there used to be 70 mills within a half hour's drive of Caterham!" For over 100 years mills were the only form of power and every community had at least one windmill or watermill. Strangely, Sanderstead would appear to be the only exception in this Warlingham had area. two windmills, one by where the library is now and another at the top of Succombs Hill, where smart flats now overlook the valley below. Records show that there used to be two windmills in Caterham, but no-one is sure exactly where they were.



Gwyneth Fookes

There also used to be two windmills on Coulsdon Common.

Outwood Windmill, south of Bletchingley, was built in 1665 and is Britain's oldest working windmill. You can find out more about Outwood Windmill by visiting www.outwoodwindmill.co.uk.

If you are interested in local history why not join the Bourne Society - see details on page 8.

For more information about Surrey Wildlife Trust, call David Starkey on 01883 345020. See 'What's On', page 14, for details of their next event.



# Readers' letters

#### Menace drivers

Despite the fines and penalty points that can accrue on a driver's licence, people still use mobiles while driving - a downright dangerous practice as I know to my cost when a driver only just managed to avoid ramming me this morning in Caterham town centre. He then continued to talk on the phone while

driving round the roundabout and across the traffic lights, yacking away, oblivious to the rest of the world. Selfish, inconsiderate and thoroughly dangerous behaviour. I noted his registration and reported him to the police. We can all do something about this problem: report this sort of behaviour to your local police station.

They will take an active interest and the driver's registration will go on record. If your report is corroborated by someone else, action will be taken.

Let's do something about these menace drivers.

Name and address supplied

#### Reducing our carbon footprint

The ABC Interim Report states the need to reduce Caterham's carbon footprint. I am sure that in principle many people, if not all, will agree with that. Unfortunately, on an individual level, all too frequently our personal 'carbon sinks' are being Walls and removed. fences do not need cutting, so out go hedges; we need more parking space, so pave over the front garden and the more lawn is removed the less the area to be mown. Ιt is of course happening everywhere, not just in this area, but is it not the same as clearing rain forests on a local and miniature scale? If something carbon absorbing has to be sacrificed maybe the answer is to find room for something productive by way of compensation a fruit tree perhaps to reduce food miles.

Ann Lardeur, Chaldon.

Please send your letters to: The Caterham Independent, 33 High Street, Caterham, CR3 5UE or e-mail: Editor@caterham-independent.co.uk

# Life time

by Anna Martin

#### Put a spring in your step

The evenings will soon be getting lighter and brighter and our moods will follow

Why not make the most of this time to polish up your self-image, in time to kickstart Spring with a positive bounce in your step?

Stop glancing scornfully at yourself in the mirror. Noone else is as critical as you, so you have the control and power to transform the way you think and feel about yourself, and the ability to express that feeling to others. Your mind should be working with you, not against you, on this. Creating a positive self-image is a fundamental step on your journey to living the life you really want to live. If you feel down-in-the-mouth about your appearance, your mood, along with the way you dress yourself, will attract negative responses from others.

It is not all about the clothes you wear however, although wearing garments that fit you properly and accentuate your best features can do a lot to boost your personal confidence. Being happy with the person you are inside will allow that inner glow to shine and dazzle others. Feel good about vourself, your abilities and the way you feel inside, and you will sparkle in everyone's company.

Visualise vourself looking, acting and feeling as



confident as someone you admire. For ladies, that might be Angelina Jolie or Fern Britten; guys may opt for James Bond. Picture them walking into a room full of people. Pay attention to the way they carry themselves and project their personality. Notice how others react to them. Now feel yourself glowing with that inner confidence, and imagine yourself in their shoes. How energised do you feel? Notice how your confidence is abundant, and how you are more relaxed and accepting. Practice this visualisation regularly and you will reap the benefits of confident thinking.

The next time you look in the mirror make a point of only noticing the things you like. Maybe that's the cut of your hair, your welcoming smile, your good posture... Admire the good points and accept the ones you feel aren't quite up to scratch. Whenever you start feeling a little selfconscious focus only on the good points. Doing this will lift your mood and boost your confidence instantly.

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# Have you discovered Holmethorpe?

Merstham and Redhill just off the A23, is a development of retail outlets, manufacturers and wholesalers called the 'Holmethorpe' Industrial Estate'. It's name implies a hive of manufacturing activity with factories, assembly lines and container loads of goods constantly rumbling out of the estate. The reality is that most of the businesses on the estate are either wholesalers of goods to a number of different trades or retail outlets open to the general public. The manufacturing businesses are in the minority and include makers of contact lenses, rubber craft stamps, leather bags, sheet metal pumping systems, specialised

waxes, acoustic products and safety signage The estate is also home to big names such as Interlink Express parcel delivery service and smaller car repair workshops and vehicle servicing businesses. Cartec, run by Steve Dalgleish, is a long-established vehicle service and repair shop in Holmethorpe Avenue. "We're kept very busy here with lots of regular customers," says Steve. "We like being in the Holmethorpe Estate because it's in a good location - people can easily get here from Caterham, Redhill and Reigate."

Just round the corner at the end of Holmethorpe Avenue can be found a couple of businesses specialising in American vehicles. American Autoparts provides parts, service and expertise for owners of all types of American vehicles, including Jeeps. Close by is a hidden gem - Dream Cars -

Just a fifteen minute drive from Caterham, in between, worth a visit if only to see the vast collection of impressive American classic vehicles in their huge warehouse. Apart from selling classic American cars and hiring out vehicles for functions, Dream Cars also supply cars for filming, such as the famous pink 'Sheila's Wheels' car.

Next door to Dream Cars are Print Mates who offer digital and litho print services with a full design studio.

There are a number of retail outlets in the Holmethorpe Estate selling products ranging from South African food to luxury kitchen appliances. Suit City imports smart menswear and supplies department stores and high street shops and is also open to the public.

Byron Killick, owner of Cotto Tiles in Ormside Way, says: "This is a slightly unusual place to be because we don't have 'passing trade' as such, so we advertise widely to tell people we are here. Our tiles are competitively priced and it's much easier for people to come here than to struggle up the Purley Way in all the traffic!"

The Holmethorpe Industrial Estate is easy to spot from the A23 - just look out for the big Space Maker building! Driving on the A23 towards Redhill, just before Gatton Corner you will see the Space Maker building on your left as you come to a set of traffic lights. Turn left for Holmethorpe Industrial Estate and remember to check opening times with retailers before setting off







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# fellowship

#### 100 years of unbroken history by Mary Kelly

This year marks the 100th anniversary of one of the first scout groups in the country, that formed in Caterham in 1908. The 5th Croydon Scout Troop, as it was then called, became known as 1st Caterham (St. Mary's) in 1932, but despite many name changes, two coronations and two world wars, that original Caterham scout group has clocked up an unbroken 100-year history.

During the First World War Caterham scouts delivered handbills, collected waste paper to raise funds for war charities, kept watch at fire stations in case of air raids and acted as orderlies at the Burntwood Hospital for Wounded Soldiers. Inevitably as the conflict continued some scouts and leaders were called to active service. Tragically some did not return, notably Troop Leader invested in 2000



The 1st Caterham troop on camp at Balcombe in August



Caterham's first female scout Catherine Rudland being



Claude Dawson who is named on the War Memorial.

The group found its permanent home in 1929 when Mr Rignal, the local butcher, generously donated the land that still remains in use by the troop today.

Back then the building was far less luxurious. Leaders and fathers erected on the site an old army hut bought for £15 from the Guards Depot but it wasn't until November 1930 that they enjoyed electric light! During World War II many of the scouts and cubs were evacuated and the leaders called to war jobs. Apart from a camp in Ashdown Forest being called off due to flying bombs and the camp at Broadstone Warren being postevacuation of Dunkirk, the pack survived. Again scouts assisted where they could with paper collection as well as working with ARP and Local Defence Volunteers.

Today 1st Caterham Scout Group is thriving (24 Beavers, 27 Cubs and 28 Scouts) and is still getting involved in the local community proving that scouting is just as relevant for the social, intellectual, spiritual and physical development of Caterham's young people today as it has been throughout the Century.

If you have any memories or photographs that would help 1st Caterham research their history please contact Mary Kelly on 01883 **341837** or email mary.kelly@1stcater ham.org.uk by the end of March.

### What's (

#### East Surrey Choral Society

On Saturday, 15th March at 7.30 pm the East Surrey Choral Society is presenting its 'Easter Concert' at St. John's Church in Canon's Hill, Old Coulsdon. The choir will perform Stainer's 'The Crucifixion' and 'Misa Criolla' by Ramirez. Tickets cost £10 for adults, £9 concessions and £5 for children. To book tickets call the Box Office on 01883 653221.

#### Surrey Wildlife Trust

On Friday, 28th March Surrey Wildlife Trust are holding an illustrated talk by Glenda Law entitled 'Scotland the Beautiful' at the White Hart Barn in Godstone. Admission is £2 for adults, children free. For more information call David Staey on 01883 345020.

Women's World Day of Prayer The Christian Women of Guyana invite you to join them for 'Worship, Traditions and Customs of their Country'. There will be a short morning service at 10.30 am in The Douglas Brunton Centre in Chaldon Road, Caterhamon-the-Hill and an evening service at 7.30 pm in the United Reformed Church in Harestone Vallev Road, Caterham Valley.

#### de Stafford Quiz Night

A quiz night is to be held at de Award for 2007

Stafford School, Burntwood Lane, Caterham-on-the-Hill on Friday, 28th March at 7.15 for 7.30 pm. Tickets cost £7.50 for adults and £4.00 for children to include a hot and cold buffet. Please bring your own drinks and glasses.

#### Art Exhibition

The Tandridge Art Society is holding its annual exhibition, from 21st -29th March at the Soper Hall, Harestone Valley Road, Caterham Valley. As well as paintings, there will be work by jewellers, potters and other craftsmen. Most of the exhibits will be for sale and you will also have the chance to win a painting and to vote for your favourite picture. Opening times are 10.00 am to 4.30 pm. The doors will close on the final day at 2.30 p.m. Admission is free.



A painting by Catherine Quinn which won the Eva Polleycutt

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#### Who wants to be a volunteer?

by Marion Piggott

You don't see many lions roaming the streets of Surrey. I mention this because of the oddest answer I've had yet to my question, "What prompted you to volunteer?"

. "It's because of the lion", he replied. "What lion was that?" I asked, not sure what he meant. "The one in the play we read at school - I was about thirteen. It left an impression about being compassionate, because everyone's future is uncertain."

He started to make sense. Androcles and the Lion was a play favoured by schools for its brevity and morality. Androcles removed a thorn from the paw of a distressed, roaring lion, despite the danger. Years later they met again in a Roman arena; Androcles was to be martyred for his faith. The lion recognised its saviour, showing mercy and affec-



tion. shamed the governor who granted them freedom.

The volunteer is an Independent Visitor (IV). After training he was matched with a youngster in foster care with a chequered history; he was angry and vulnerable. Every fortnight or so they met and enjoyed their shared interests.

In time mutual trust helped the troubled

youngster's confidence and optimism grow. Now he's building a future for himself in the health sector. My friend will soon meet a new youngster who may or may not prove so easy to help. There are many more vulnerable youngsters in Surrey who need IVs, Mentors and Befrienders. Time commitments vary, skills and experience are less important than promising to "be yourself and be there". Could you help? Do you

want to know more? Then please ring me, Marion Piggott, at the Volunteer Centre, 01883 344 444, or visit our website: www.surreycommunity.inf o/tvsc/

#### **Caterham Carnival Committee** Race Night

The Carnival Committee is holding a Race Night at the Community Centre, High Street, Caterham-on-the-Hill on Saturday 5th April. For more information, telephone Ben Welland on 01883 349481

## There's more to Lions than you think!

Caterham, Oxted and Godstone Lions help not only those in need in the local community, but as part of Lions Club International, they also help out in other avenues and these are just a couple of examples of help in the medical world

The Lions were instrumental in developing the Medic Alert Foundation. Medic Alert bracelets and necklaces now have a familiar but vital role in the UK, as they provide an essential back up to those who have hidden medical conditions or allergies. Wearers are now safe in the knowledge that there is a 24/7 database ready to provide vital medical information to doctors and nurses should they get into trouble.

Another medical initiative is LIBRA, the Lions International Blood Research Appeal. LIBRA was conceived when urgent funding was needed for the Haematology Unit at Kings College Hospital thanks to fundraising by Lions Clubs all over the South East, run-down premises were transformed into a superb laboratory where needed research into haemophilia, leukaemia and sickle cell disease was undertaken. The Lions Laboratory has since become a centre of excellence for research into the potential clinical benefits

of stem cell technology. For further information about Lions work and your local Caterham, Oxted & Godstone Lions call 0845 833 7852



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#### A tough month for Old Cats

#### by Ewan Turney

It has been a very tough month for the Old Cats as both the senior mens' and womens' teams have struggled with injuries.

For the first time in Cats' history, the club hosted a league and cup double header against Old Freemans.

In front of over 100 spectators, the Cats went down 26-36 to Freemans and must now concentrate on climbing the league table to ensure safety next season in Surrey One.

The double defeat consigned the men to a disappointing month following losses to Croydon and Old Alleynians.

However, captain Jon Delicata is hopeful that when injured players return, the 1st XV will find some form once more.

The women's side have struggled despite also some brave performances this month losing a crucial clash away at Wimbledon. heroic performance against a well drilled Ealing side was not enough to secure a victory in their other game.

On a more positive note, the Ligers, Old Cats third team, continue to go from strength to strength.

The team was formed

mainly from players with no experience of playing rugby at all until a year ago.

The team has matured and developed into a driving force for the senior men's section with three Ligers players now having represented the first

The minis and youth sections of the club also continue to be a source of inspiration for the rest of the club with numbers growing all the time.

At present, all our members are looking forward to the annual club tours which take place in April. The women will travel to Exeter while the men's section will travel to Cork.

#### Rotary and Round Table boost Andy's 'Ultimate School Run' fund



At a recent meeting of Caterham Rotary Club, Club President, Roger Easter, presented Andy Self with a cheque for £1,500 for his recent sponsored charity bike ride to Africa. Another £1,500.01 was donated by Caterham Round Table bringing the total figure raised so far to £7,126.51.

#### **COME AND SUPPORT** THE OLD CATS!

playing the London Exiles this Saturday, 8th March at Park Avenue. off Stanstead Road. Caterham-on-the-Hill Kick-off - 2.30 pm

e-mail captain Jon Delicata at jayimage@aol.com or visit www.oldcats.co.uk

For more information

**Underwater hockey** comes to Warlingham! The 1st XV are



'Octopush', a great way to have fun and get fit

A local swimming club is inviting its members to try out the fast and furious game of underwater hockey, or 'Octopush'. Nautilus Swimming Club, a registered charity, has recently teamed up with West Wickham Underwater Hockey Club to bring the rapidly growing game to the club. Jacqui Moore of

Nautilus Swimming Club, said: "Octopush is great fun and a brilliant new sport. We are really lucky that the West Wickham team are supporting our club by teaching the sport to our members."

Nautilus Swimming Club was established 45 years ago by a gentleman named Mr Maw who believed that swimming should be affordable to all, a principle by which the club still firmly stands today. The club also believes that swimming should be enjoyed by all ages and offers classes to children from five years old to adults who wish to learn or improve their swimming. The club meets every Tuesday evening at Warlingham School pool. For more information contact Alan Yardley on 01883 622229 or visit www.nautilusswimclub.co.uk



The Old Cats leaping into action during a home game at Park Road



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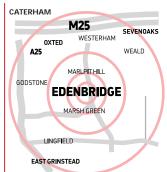
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#### Running into spring ....

by Chaldon Creaker, Phil Saville

Thanks to the early spring weather, we will soon be able to run over the Downs on our Wednesday evening sessions. Even over the winter months we've seen a surprising number of regular runners on our Caterham Hill routes who have been turning out to enjoy the company of running with others. We are looking forward to some of the group running in the upcoming Easter Bunny Run and others who fancy the longer distances taking part in local 10K races at Sevenoaks and Croydon. And of course we wish our five Creakers running in vear's London



The Chaldon Creakers before setting off on a run across the Downs last summer

Marathon all the best with their training - especially those who are doing their first one. You can enjoy the Marathon atmosphere on the day and get a medal without running a single step as a marshal on the course - come along and join the Creakers and Oxted Runners who will be helping to organise over

30,000 runners. For more information call me on 01883 341063 as soon as possible.

If you can run at all you are very welcome to come along and join us on our weekly runs - check out our website www.creakers.co.uk or call me, Phil Saville on 01883 341063.

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#### Leigh Mill Fishing Club

Just a fifteen minute drive from Caterham, in the heart of Godstone, is Leigh Mill Fishing Club. The Club rents the beautiful lake at Leigh Mill where fly fishing is possible all year round. Any fishing method can be used between October and March, with fly fishing on

floating or sinking lines only between 1st March and 31st October.

The club has a membership limit of 30 but has vacancies at present and would like to invite new members to join.

For more information call Hon. Secretary Alan Clay on 01883 623552 or email alan@parasme.com. You can visit their website at www.parasme.com/ leighmill.

# Caterham CC

#### by Ian Orrick

These are exciting times Caterham Cricket Club; 2008 is their 135th year, and their third in their new home at Park Avenue, where they form the Caterham Sports Association with Old Cats ruaby club.

All three Saturday teams will be looking to push forward this season and in the case of the first and second elevens particularly, promotion is a real possibility. The youth section is also flourishing, with cup and league winners at various age groups in 2007, and no team finishing lower than fourth. Caterham Cricket Club has also begun to take part in the ECB's 'Chance To Shine' project, bringing cricket back to school. Throughout the year the club will support specific local schools and provide coaching, support and opportunities for school children to get involved with

The final and possibly most exciting new development within Caterham Cricket Club is the participation of the women's team in the newly formed Surrey Women's Trust

the sport.

League. Women's cricket has really taken off at the club following its tentative first steps in 2006, culminating in this involvement in the first ladies league in Surrey, and hopefully will end even happier with a new trophy to nestle in Caterham Cricket Club's cabinet!

Caterham CC has a welcoming, friendly atmosphere and is always on the look out for new members, whether as a player or as a volunteer (to make teas, score, umpire or just help out). If you are interested, winter nets for seniors started on Sunday

2nd March from 12.15 -14.15 at Caterham School Sports Centre and will continue until the 6th April. Youth winter nets take place in exactly the same place, and again on Sundays from 14.30-Any enquiries 16.30. should be directed towards Russell Chapman (Chairman) on 07950 403382, Nick House (Secretary) on 07960 512355 or Tony Parrett (Youth Manager) on 01883 342283. Alternatively you can visit our website at www.caterhamcc.com.



Ricky Ward and Nick House look on eagerly during the action from the Saturday 3rd XI in summer 2007.

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#### Spring - a new beginning

by Diz Tutt

For those of you who knew her, my darling Diz passed away peacefully at 9.25 am on Saturday 1st March. The following is her last article that she wanted to write for you. She hoped that all the readers old and new will get pleasure from her thoughts. She was my thoughts. She was my soul mate and I loved her dearly. Steve Robertson.

Wow! Spring's here and you must be seeing the signs that are all around - slightly warmer weather, snow drops, the dawn chorus, all the bulbs are pushing upwards. Energy is just tipping to burst.

Well, all you fitness people - those who have made promises to change and

do something about their health and lives - there is no better time to start. It's decision time, either do it or don't!

Just like nature changes, we go through the same process each season. Spring is a time for fresh new beginnings, and decision making, so follow your intuition and go with the flow. In this season, you need to concentrate on awakening the spine, just like a cat that has woken from a deep slumber, and has a long stretch. Within your exercise plan think about stretching (a stability ball is great for this).

Just as we can see nature moving and awakening all around us, we as humans want to get going, but



Diz Tutt 13.06.1959 - 01.03.2008

don't run before you can walk, take things a bit slower and watch what is with the new beginnings, start getting into the garden and tidy up all the upheaval from the winter months. Going for those early morning walks are fantastic if you can do

them, seeing the cobwebs that were formed the night before now covered with dew and glistening with the rising sun; birds that are foraging for their early morning food and awakening the day with their morning chorus.

So come on guys, enjoy what life is showing you, enjoy the fresh air, go for those walks, enjoy your family, and find time for yourselves to soak up this vitalising energy.

Finally, for those of you who are into colours of the season - spring is green.

For more information about what activities and exercise you can do for season, please contact the Energy for Life studio on 01883 650100 or visit our website www.energyforlife.com

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Dizz's funeral will be taking place on Wednesday 12th March at 1pm at Surrey & Sussex Crematorium, Balcombe Road, Crawley RH10 3NQ

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