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See full story - page 2



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INDEPENDENT

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New campaign urges us to 'Shop smart, shop local'

Monday, 9th February saw the launch of a campaign to safeguard local businesses during the current economic situation.

Caterham's 'Local Shopping and Trade Campaign' is a joint venture between ABC Caterham and the Caterham Valley Business Partnership, who have come together to create the initiative.

ABC ('A Better Caterham') Chairman, Chris Windridge, said: "Other towns that have introduced schemes have seen their business and economic activity grow. In today's economic situation, we would be happy to sustain the current levels of trading in Caterham and this initiative is about acting now, to help our town, its businesses and its community."

The exercise is also endorsed and supported by Business Link, Surrey Chambers of Commerce,

the Federation of Small Businesses, Tandridge District Council, Surrey Community Action and the Surrey County Councillor for Caterham Valley, Sally Marks. The campaign will cover Caterham-on-the-Hill and Caterham Valley, being a whole of Caterham exercise.

A presentation was given during the launch to introduce the concept with Andrew Browne, leader of the Caterham Valley Business Partnership and Chris Windridge and Graham Tapley of ABC providing the supporting details.

East Surrey MP Peter Ainsworth attended the launch and spoke in support of the proposal which is in line with initiatives he has been supporting recently.

You can register for details by visiting www.shoplocalcaterham.co.uk or by picking up a form at either of the JJ Browne Jewellers stores in Caterham Valley.

New day care services for hospice patients

St Catherine's Hospice and NHS Surrey have agreed in principle to the opening of new day care services in Caterham for patients receiving end of life care.

A St Catherine's day care services centre will open at Dormers in Foxon Lane, Caterham in early April. The building is owned by Surrey County Council's social services department who have agreed to let St Catherine's Hospice set up the services on the site.

The eight-room wing will provide a day centre to cater for patients in the East Surrey area receiving specialised end of life care. It will give patients who are being cared for at home the opportunity to meet others at regular day hospice sessions, to share concerns and feelings about their illness in a supportive environment.

As the services develop, patients will be able to



'Dormers' in Foxon Lane

take part in creative activities, receive complementary therapies, counselling, spiritual support and advice on welfare issues. Family members, friends and carers will also have access to a range of services. Shaun O'Leary, Chief Executive of St Catherine's, said: "We are delighted to be able to offer this local facility to people in the East Surrey area. We know how important it is for patients to have the chance to access day services in a welcoming setting, and we have made it a priority to ensure that we could provide this as soon as possible."



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Bunny Fun Run 2009 - have you registered yet?

Entries are coming in thick and fast for the 2009 Bunny Fun Run being organised by Caterham Rotary and sponsored by local businesses, including The Caterham & District Independent.

Many of the runners who took part in last year's event have signed up to do it again this year, despite getting thoroughly soaked the first time! Thanks to Easter being later this year, it is hoped that the weather will be kinder and the sun will shine on all the runners as they set off from the starting line in Queen's Park, Caterham-on-the-Hill on Sunday, 5th April.

Last year there were over 250 entries and the event raised over £2,000 for local charities. One of the organisers, Rotarian Richard York, said: "We're really looking forward to



seeing hundreds of people of all ages out there, having fun and raising money for a good cause at the same time. Despite the weather, the atmosphere was great last year, with many of the runners entering into the spirit and donning bunny ears and costumes!

"We are really grateful to Catax Taxis, Barclays Bank, Ross Cycles and the Caterham Independent for their support which will enable all the proceeds to go to charity."

The money raised this year will go to Marie Cure Cancer Care, Marden Lodge School and other Rotary

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charities. You can take part in the 1km Fun Run or there is a 5km race for the more energetic runners.

Registration costs £5 and for more information and for a registration form, call 01883 346641. Everyone who takes part will receive an Easter egg and the winners in each category which includes 'Fastest Team', 'Fastest three generation team' and 'Best Dressed Bunny' will receive a special prize.



Last year's youngest runner, one year-old Jack Arnold

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News Flash from Surrey Community Foundation

Surrey Community Foundation is pleased to announce that the Grassroots Grants programme, from which over £300,000 has already been awarded to 91 small community and voluntary groups in Surrey, is now open to community groups with an annual income of less than £30,000.

Surrey Community Foundation was successful in securing £1 million to support community and voluntary groups in Surrey by awarding grants of up to £5,000. The remaining £700,000 will now be available to even more voluntary and community groups across Surrey as the programme has been extended to groups with an annual income below £30,000. (Previously, the grant programme was only open to groups with an annual income below £20,000) This announcement was made recently by the Office of the Third Sector, responsible for funding the programme.

Previous Grants awarded in the Tandridge area include £5,000 towards the running costs of The Hatch, a support group for young mothers from Fetcham, and £5,000 towards club house repairs at Limpsfield Chart Cricket Club.



We are delighted with the excellent projects which Grassroots Grants have been able to support so far, but we are very keen to encourage applications from a variety of other small voluntary groups across the county. If your community or voluntary group has an annual income below £30,000 (taken as an average over the last three financial years), please contact us to find out more.

Grassroots Grants is a three year national programme. Applications can be made at any time until January 2011. There is a monthly deadline of the last Friday of each month and decisions will be notified within 3 weeks of the deadline date, unless additional information is requested.

To find out more, or to request an Application Pack, please contact our Grants Administrator on 01483 409230 or email info@surreycommunityfoundation.org.uk

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New venues sought for Arc's activities

Tandridge Leisure Ltd., the operators of the Arc in Caterham-on-the-Hill, is searching for alternative sites to continue to provide the Arc's soft play and creative activities after they leave the Arc at the end of March.

On September 31st 2008 Tandridge Leisure gave notice to leave to the Caterham Barracks Community Trust as they are no longer able to pay the mortgage on the building. The Trust spent in excess of £1.3 million to develop the building and has a mortgage of £600,000 which has to be repaid. Until now Tandridge Leisure has only been repaying the interest on the borrowing and it has reached the point where repayment of the capital is due to start. It is this increased cost which forced Tandridge Leisure to give notice that they would

have to leave the building. The soft play space and cafe will close at 4pm on Sunday 22nd March and the workshop, studio and gallery space from Saturday 29th March.

Angry local parents have held a demonstration and launched a petition in a desperate bid to save the Arc which has proved to be a hit with families from in and around the district.

The Trust's Chair, Sara Corker said "It is very disappointing that the ARC may have to close its doors and the Trust find new ways of supplying the opportunities created by this lovely building. The Trust is committed to creating sustainable community facilities and will look for new ways to keep this building available for the people of Caterham. It is a matter of regret to the Trust that Tandridge Leisure was unable to meet the business plan targets set and agreed for the building."

Luke and Sam help kick off 'Great Daffodil Appeal'

Two of The Caterham and District Independent's young distributors had a treat last month when they were invited onto the pitch at Selhurst Park at half time! The special event taking place was the launch of the Marie Curie 'Great Daffodil Appeal'. Palace players joined fundraiser, Karen Green, Marie Curie Nurse,

Wendy Hutchinson and the boys on the pitch at the Birmingham City game to ask supporters to make a donation to the charity in return for a daffodil pin. The charity hopes to raise over £5 million across the UK for the month long appeal, to help more Marie Curie Nurses provide free care to people with a terminal illness in their own homes. Volunteer fundraisers will be out collecting throughout March. If you can help please call 0845 601 3107.



Photograph by Ian Stratton

Fundraiser Karen Green, centre, Marie Curie Nurse, Wendy Hutchinson, Luke Harvey, bottom left, and Sam Varley with some of the Crystal Palace football players.

Five shots - five bullseyes!



Bobby Humphries

The Caterham & District Rifle Club's Light Sporting Rifle competition was a cliffhanger of an event this year! 12 year-old Bobby Humphries became the rapid fire champion in the knock-out competition, beating Andy McGarty in the final round with a total score of 144 to Andy's 140 helped by five consecutive bullets in the bulls-eye in five seconds!

For more information about the club call Norman Skinner on 01883 341683.

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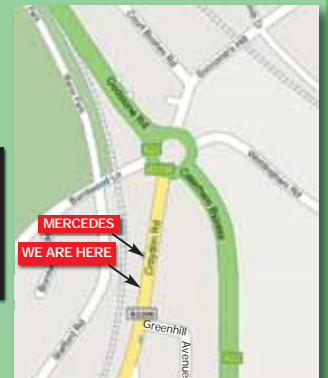
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Famous local landmark celebrates 50 years

The Church of Jesus Christ of Latter-day Saints, or the 'Mormon Temple' as it is known locally, has been an impressive landmark by the A22 in Newchapel for the last 50 years. In 2008 the church celebrated its 50th anniversary since being built in Newchapel, and to mark the occasion, an 8ft statue of the Angel Moroni was commissioned to stand on top of the tem-

ple's tall spire. The statue, covered in gold leaf, was lifted by helicopter from the grounds of the temple then hovered above the spire while a team of workmen threaded the lengthy lightening conductor down through the spire before the angel itself could be carefully lowered into position. Clearly visible from the sky, and directly underneath the flypath of planes landing at Gatwick airport, the temple has also been a landmark for pilots over the years.



For more information about this fascinating building you can visit the temple's Visitors Centre which is open every day except Sundays.

Burtenshaw's Beat

by Tandridge Neighbourhood Inspector, Elaine Burtenshaw



I write this column having just returned from supporting my neighbourhood staff who responded to a crime reported through the Caterham Shopwatch radio scheme. People matching the suspects' description were stopped at Caterham station, items were recovered and two people are now being interviewed in relation to the offence. This sends a clear message to those who commit crime in Tandridge and it clearly demonstrates the benefit of police working with partners be they business or the community in combating crime.

Last month we had the worst weather conditions for more than thirty years. Officers from Surrey Police work with the Highways Agency and Surrey County Council to ensure Surrey's roads and pavements are safe. Due to the treacherous weather conditions and the fact that the area is very hilly, a number of roads were closed to prevent further motorists be-

coming stuck and avoid further collisions. However, despite all the weather warnings and Surrey Police advising motorists only to travel if absolutely necessary, I and my staff saw motorists blatantly ignoring these signs and thus putting themselves and others in the position of potentially being injured. This is the third month that I have written about inconsiderate and dangerous road use by motorists and I know that to the majority of the community road safety is paramount from the issues that are raised to me and my staff at panels, surgeries and by e-mail. The Tandridge Safer Neighbourhood Team will continue in our endeavour to make the roads safer and respond to your concerns but I need you to play your part too. I am urging road users to think about their driving standards and the impact their actions could have.

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Quick Quiz

by Alec Herbert

All the 'A's - All the answers begin with A.

1. Little Rock is the capital of which of the States of the USA?
2. Who is the spiritual leader of Ismaili Muslims?
3. What name is given to a halo or circle of light around the head or a corona around the sun or moon?
4. The musical 'Mamma Mia' is based on the music of which group (well there has to be one easy one!)?
5. Which English football club won the European Champion's Cup in 1982?

Answers:

1. Arkansas; 2. Aga Khan; 3. Aureole; 4. Abba; 5. Aston Villa.

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Education

Local project initiative gets off to a good start at de Stafford

Last month saw the launch of an exciting new initiative involving pupils of de Stafford School and local residents. Tandridge District Councillor and Caterham resident, Jeremy Webster and Kate Harris, Citizenship Coordinator at de Stafford School, came up with the idea after discussions on how to stimulate children's interest in contributing to their local community. A small group of local residents expressed an interest in mentoring projects by Year 7-10 pupils. "This is a time when there is increasing interest outside the school in motivating young people to do something for themselves about the dearth of opportunity in Caterham for post 14 year olds," explained Jeremy. "The pupils have a number of different of projects to sign up for that include the creation of a local youth



Year 8 pupil, Honor Roarty, is the first to submit her application form to a delighted Jeremy Webster.

shelter, a new all-weather sports facility and an environmental project. 63 pupils have already signed up for a project and after training, the mentors will meet the pupils in school once a month to help them progress their plans to a successful conclusion."

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Community award for Caterham teenagers

A group of teenagers from Caterham has been rewarded for the work it has done in helping to address anti-social behaviour in the area. The five 14-18 year-olds, known as the CR3 Soldiers, were presented with Surrey Police Community Awards at a recent ceremony held at Caterham Police Station. It followed months of hard work by the group, which, working closely with Surrey County Council's Youth Development Service, looked at the causes of anti-social behaviour and possible solutions. The teenagers took on a number of tasks which included mapping local hot-spots, researching existing facilities for young people and carrying out a survey, questioning other youngsters, residents, the police, councillors and local community groups. Inspector Elaine Burtenshaw,



From left: Joe Hora, Charlie Taylor, Liam Gillan, Sophie Aldous and Bethany Price and Inspector Elaine Burtenshaw with members of the Safer Neighbourhood team.

Neighbourhood Inspector for Tandridge, presented the awards to the youngsters, saying: "These five teenagers are a credit to young people, to Caterham and to the borough as a whole, and they truly deserve to be supported and recognised in this way."

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What's On

Children's Society Art Exhibition

The Children's Society is holding an Exhibition and Sale of Pictures by Local Artists on Saturday 21st March 10.00am-4.30pm in the Small Hall, Sanderstead United Reformed Church hall, Sanderstead Hill. There will also be a raffle and a home-made cakes stall.

Spanish Evening

Caterham Rotary Club are presenting an International Spanish Evening Extravaganza on Saturday 25th April from 7pm until midnight at de Stafford School Hall, Burntwood Lane, Caterham. Tickets £22.50 to include live music, dancers, Spanish cuisine and a licensed bar. For more information and to book tickets call 'Pedro' on 0208 660 3962.

Trip to Houses of Parliament

The Patron of Caterham

Overseas Aid Trust ('COAT'), Lord Howe, has arranged for a trip to the Houses of Parliament on March 18th, departing by coach from Caterham at 7.30am. The trip includes a guided tour in the morning and an opportunity to visit the Public Gallery in the afternoon. The trip also includes a visit to the Jewel Tower and the party will return to Caterham around 4.30-5.00pm. For more information call Margaret Deards on 01883 380104 or Phil Saville on 01883 342272.

COGS Musical Evening

Caterham, Oxted & Godstone Lions are presenting 'From Vienna to Broadway' at 8.00pm on Saturday, 18th April at Caterham School. The programme will consist of show tunes and light classical music and features 'Not Pavarotti', a group of four singers and a pianist who have been performing around the UK for over seven years. For more information and to book tickets, which cost £10

each, call the box office on 01883 742690 or 742708.

Chaldon WI

The Chaldon WI are holding an Open Meeting at Chaldon Village Hall on Wednesday, 8th April at 2.00pm. The local Citizens Advice Bureau is giving a talk on the subject of debts and the credit crunch. Entrance fee is £2 which includes refreshments. If you would like to join Chaldon WI you do not need to live in Chaldon - please contact Ann Larduer on 01883 349762.

Tandridge Art Society Exhibition

The Tandridge Art Society are holding their 33rd Annual Exhibition at the Soper Hall, Harestone Valley Road, Caterham from 16-19 April. The opening times are: Thursday 16th and Friday 17th April, 10.00am-8.00pm, Saturday 18th April 10.00am-5.00pm and Sunday 19th April 10.00am-2.30pm. On display will be 250 paintings along with other works of art.

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Guides say goodbye to a little lady with a big heart

by District Commissioner Charley Formosa

Caterham District Girlguiding has been saddened by the death of Karen Booth, one of its longest serving Guiders. Karen became a warranted Guider with 9th Caterham Brownies in 1984 and has run the pack for many years. More recently, Karen took over the leadership of 1st Caterham Rainbows as well, and for some years also worked as the District Secretary. Karen was someone who was always willing to help and join in with events and will be greatly missed by everyone. We are fortunate that Karen's units will not have to close as her Assistant Guiders will be taking them over. 9th Caterham Brownies will now be run by Claire Wilson and 1st Caterham Rainbows will be



Karen Booth, far right, with a few of her guiding friends.

run by Margaret Ledger. Best wishes from everyone in the District go to them both.

If you would like any information about Guiding, please contact Charley Formosa, District Commissioner, on 01883 653356.

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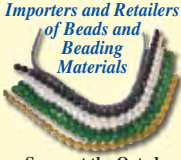
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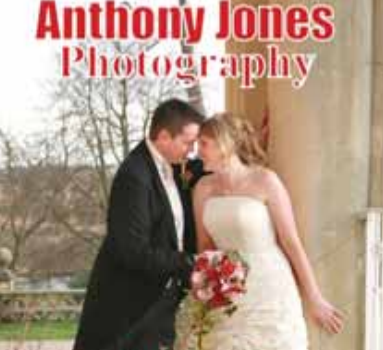
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Eating Out

An authentic taste of Spain at Casa Lola

Review by Julia Church

Caterham may not be the sunniest of climes at present, but it's easy to create the illusion of being in the Mediterranean if you spend an evening in our local Spanish restaurant, Casa Lola. Gio the owner has created a Spanish haven, with the decor, music and food to transport you into a world of continental conviviality, without needing a passport.

When I visited the restaurant recently, I noticed that despite the large number of diners, the spacious atmosphere enabled easy conversation, without being drowned out by the other diners.

It was the first visit to Casa Lola for my friend Keith, and his first impression was

how clean and tidy the restaurant felt. He especially liked the layout of the restaurant and the attractive Spanish tiles.


Despite being tempted by Paella, sea bass, steak and a number of other main courses, my friend and I decided to opt for a selection of tapas dishes to share. We ordered Gambas al Ajillo (prawns in a garlic, chilli and white wine sauce), Calamares (deep friend squid in batter), Raxo (pork fillets Galician style), Espinacas con Nata (spinach with garlic, chilli, cheese and cream - one of my favourites!) and a mixed salad. I asked for some bread - essential to soak up the delicious juices! The waiter also

brought up a bowl of Tortilla chips for us to dip into the Espinacas. To accompany our meal, we had a bottle of 'Amapola 2007', a medium sweet wine from Penedes in Spain - perfect. After letting our delicious main course go down, I must admit we were tempted to order dessert and these proved to be just as mouthwatering as the tapas dishes. Keith chose the Cesto de Frut A, a vanilla ice cream and forest fruit sorbet coated with a raspberry sauce - "The best pudding I have ever tasted!" he said. I had Fillous de la Casa, a cold pancake filled with cream and topped with Tia Maria.


Afterwards, it somehow didn't feel right stepping out into the cold night air. Where was the sound of the cicadas and the smell of bougainvillea?



Two friends enjoy a catch-up over a relaxing meal in Casa Lola




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A VIP guest at Rotary 'Reachout'



Peter Ainsworth MP with guests Joyce Lydford (left) and Thelma Pache

The Douglas Brunton Centre in Caterham-on-the-Hill hosted a special event last month when Rotary held their annual 'Reachout' lunch. Members of Caterham Rotary and other helpers picked up elderly local residents and took them to the centre for lunch and entertainment, before escorting them back home again at the end of the afternoon. The day was made extra special when Peter Ainsworth MP dropped in to visit the guests congratulate Rotary on another successful event.



Children dress up for Book Week at St. John's

Last week saw pupils at St. John's enjoying their annual 'Book Week'. During the week they enjoyed visits from the children's author John Houghton, who has written the books Haggabane's Doom and Gublaks Greed. He held workshops for each year group helping them mind map their ideas for their own stories. On Friday, all the children dressed up as characters from their favourite books for the day. Pictured left are, in the back row from left, Anya Brooke and Phoebe Williams, in the middle row, from left, Toby Cousins, Darcy Woodley-Allen, Thea Aisleben and Oscar Greenwood and, in the front, Madeline Lincoln, all from reception class.



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In the garden


by Alec Herbert

So, what have you done in the garden over the last three months? Whatever your answer to that question, now is the time to plan and prepare for the coming spring and summer months.

Gardening covers a wide spectrum and there are many benefits to be gained by planning now what you wish to achieve later in the year, relative to budget, experience and time available. Whether you are looking at a new area for flower beds or a vegetable patch, or replacing existing plants and shrubs, a very basic, but important, requirement for success, is the soil. Cultivating the soil by digging or forking it over will help provide suitable conditions for good growth by aerating the soil and breaking up the surface crust. The addition of organic mate-

rial and fertilizers may be incorporated at, or just before, the time of planting. Try to dig over on a day when the soil is reasonably dry as working on wet ground is more likely to compact the soil. Compaction results in poor drainage and aeration, both of which affect growing conditions adversely. For plants and shrubs to grow and flourish over a period of years, the soil requires a good structure through which water, nutrients and a certain amount of air can circulate. Worms provide valuable assistance and the addition of garden compost and animal manure will improve the soil structure and encourage the worm population. Additives will maintain, or improve, the balance of air and water in the soil. Sand, grit and organic matter will be likely to improve heavy (clay) soils. The type of soil will affect the type of plants which

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can be grown successfully. A rough indication of the plant type can be gained from existing planting. A more precise analysis of the soil can be obtained by purchasing a proprietary soil testing kit, available from garden centres. Try to keep one simple rule in mind – good growing conditions, i.e. the right aspect and the right soil conditions, will produce its own rewards.

Ben makes his mark in Antigua!

A young sportsman from Warlingham is back at his desk at Caterham School after getting two four wicket overs in one innings during a cricket tour in Antigua. Warlingham resident, Ben Fullard, was put forward by Caterham School to go on the U13 Elite Cricket Tour to Antigua, organised by Middlesex wicket keeper, David Nash. The tour included a day at the 'third test' at the Antigua Recreation Ground after being hastily rearranged following the cancellation of the second test at the Sir Viv Richards stadium. The team played four games, winning three, but losing to an U15 Antigua



Ben Fullard

side when Ben was the highest scorer on the day, and Man of the Match! "Most of the Antiguan players seemed to be well over 6ft tall and very fast bowlers!" said Ben. Ben's most successful day was during the last tour when he took four wickets in one over, including a hat-trick, making him the top wicket taker on the tour. Congratulations Ben on a fantastic performance!

Readers' letters

I read with great interest your article 'It's no joke!' on the front page last month. It brought a wry smile to my face to see my car pictured (second up from bottom) abandoned at the foot of Church Hill, where I had left it following a relatively local journey from Lower Kingswood. The journey

took me via the M25, A23 through to Purley, along the Godstone Road eventually to be thwarted by Church Hill after nearly four hours' travelling. Eventually I had to consign myself to completing my journey home to Chaldon Road on foot. I was, at last, able to reclaim my car late on Tuesday, but what struck me more than anything was the particular need to have at least one major route up to Caterham-on-

the-Hill as an essential priority. Residents on the Hill were, to all intents and purposes, stranded, and I can only wonder with horror how it might have been for any one of us in the event of a medical or fire emergency. It is true to say that conditions such as these are, few and far between, but let's not miss this opportunity to learn for the future thereby ensuring the safety and well being of those of us on the Hill.

Mr Wyn Vaughan-Humphreys, Chaldon Road, Caterham.

Sign up for Swimathon 2009

The 23rd annual Swimathon event is taking place next month in pools all over the country to raise funds for Marie Curie Cancer Care and the Swimathon Foundation. The first event is being held at Tandridge Leisure Centre in Oxted on Thursday 16th April between 5.30-9.30pm, then at de Stafford Sports Centre in Caterham on Friday 17th April, 5.30-9.30pm. Over

20,000 swimmers in more than 500 pools across the country will dive in to show their support for this extremely worthwhile cause, choosing between a timed challenge or 'Simply Swim'. Participants in 'Simply Swim' can visit the pool as many times as they wish from now until 18th April to carry out their challenge. To take part visit www.swimathon.org or pick up a registration form from either the Oxted or Caterham centre.

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Smiles and tears for fitness trainer, Diz

A special plaque was unveiled at de Stafford Sports Centre last month in memory of fitness trainer and mother of four, Diz Tutt, who passed away last spring. Family, friends and many of those who attended Diz's classes attended the short ceremony where Diz's husband, Steve Robertson, paid a moving tribute to his wife as he unveiled the plaque located at the entrance to the fitness room.



From left to right, Diz's children, Fia, Anya, Alban and Charlie with Steve Robertson beneath Diz's plaque.

Get on the ball!

by Steve Robertson, Energy for Life

So many people that I come across in the gym still do not understand how to get the most out of a stability ball when exercising. It's not just for the abdominals you know guys! So here's a quick lesson about how to accomplish the most with this piece of equipment. Most manufacturers of stability balls make sizing recommendations based on the height of the user. Another general rule is when you sit on the ball your legs should be parallel to the floor. If your legs are below the parallel level you

will be forced to use poor posture for some exercises.

There are numerous ways to progress when using a stability ball. Here are a few ways to increase the difficulty level when using this piece of equipment.

1. Change the base of support. By decreasing the base of support for an exercise you can increase the challenge of balance. To do this add more air to the ball and bring the feet closer together in order to narrow the base support.
2. Increase the range of motion - increasing movement from a smaller to a larger motion increases the difficulty level.

For example if you are doing push-ups with your hands on the ball you can progress from doing

partial range of movement to full range of movement.

3. Vary the speed of movement; the challenge of stability within the exercise can be raised by changing the speed of the exercise and this can range from fast to slow.
4. Add resistance to your exercise. For example, use a free weight or a cable machine.
5. Finally, try closing your eyes! This will increase proprioceptive demand on your body and introduce a whole new element to any exercise.

For more ideas contact Steve at the Energy for Life training studio at The Crescent in Woldingham, telephone no. 01883 650100 or e-mail steve@energyforlife.uk.com

Who wants to be a Volunteer?

by Marion Piggott



These days you would be hard pressed to find anyone who isn't feeling the pinch, and the same goes for local charities - they are strapped for cash at the best of times. Gloomy forecasts may dominate our media but from my perspective I see a silver lining and I'm feeling optimistic about the future.

Why am I so positive? It's because there has been a huge increase in the number of potential volunteers contacting Surrey's Volunteer Centres. Their situations vary but the outcome is the same - they have time on their hands for once and they want to use it well.

They come with energy, enthusiasm and skills which our overstretched local charities can harness. Fundraising is an area where everyone can make a difference and people with a flair for marketing, PR, public speaking or team leadership can harness the spirit of giving in our community.

Volunteers are also needed to organise sponsored walks, put on social events, help with street or store collections or assist with telephone appeals. Imaginative, fun events will help to lift everyone's spirits.

For charities needing money now is a good time to plan fundraising projects, so please get in touch. We can help in other ways too - providing information about charitable trusts, for example. Also, as a branch of Tandridge Voluntary Service Council, our colleagues there have more information and valuable contacts. For more information please ring me, Marion Piggott, at the Volunteer Centre, 01883 344444, email: caterhamvc@owen29.wanadoo.co.uk, or visit our website: www.surrey-community.info/tvsc/

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Old Cats RFC

Seven a side rugby was first played in 1883 in the Scottish Border town of Melrose. Local butcher and keen rugby man Ned Haig looked at ways of allowing rugby football to be played in a form that would allow a tournament to take place in one day. He did this by reducing teams from 15 to 7 a side and the playing time to 15 minutes each

way. The first tournament was a resounding success and the format is now played the world over, attracting a great following, from local club competitions to televised international tournaments. Saturday April 11th this year will see the 48th Caterham7s Festival of rugby at Old Caterhamians RFC ground in Park Avenue, Caterham. The club hopes to have the attendance of around 20 men's teams and 8 Ladies teams taking to the

field on the day as well as a demonstration game from a junior squad. All are welcome to come and view the sport on the day and enjoy the atmosphere and unique spirit of the competition. A hog roast is planned with refreshments available to help wash it down and keep out the cold. Various other attractions will keep the day busy for all. For more information about the club, visit www.oldcats.co.uk



The club is hoping for better weather this Easter. Pictured are some of the determined players overcoming the conditions experienced in last year's tournament.

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GODSTONE £1700 pcm

A modern 4 bedroom detached house with integral garage and conservatory.

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WARLINGHAM £1400 pcm

A very spacious and unusual 4 bedroom detached house set over 3 levels in a quiet location. Benefits from adaptable accommodation together with garage and off street parking. Furnished or unfurnished.

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REIGATE £1295 pcm

A very spacious 3 double bedroom period property, being probably one of the oldest buildings in Reigate and having the benefit of parking. It has been sympathetically restored by the present owners and boasts original features and fireplaces.

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SOUTH NUTFIELD £900 pcm

A 2/3 bedroom semi detached house in the heart of the village benefiting from very spacious living room with wood burning stove leading to conservatory. Allocated parking. Pets welcome. Well stocked gardens.

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WARLINGHAM £850 PCM

A well presented 2 double bedroom ground floor flat benefiting from own, well-planned rear garden with summer house and storage. Recently re-decorated and carpeted throughout. Gas central heating and double glazing.

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BLETCHINGLEY £750 pcm

A 1 bedroom flat, converted from a mansion with own private garden and parking, set in a rural location. "Includes bills." Would suit single person.

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CATERHAM £750 pcm

A 1 bedroom detached period property (may have been used as a stable), recently refurbished throughout and benefiting from own small garden. No children or pets.

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WOLDINGHAM £725 pcm

A very spacious 2 double bedroom first floor maisonette, recently re-decorated throughout. Benefits from front and rear gardens.

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WHYTELEAFE £625 pcm

A 1 bedroom first floor flat in a convenient location for both Whyteleafe and Upper Warlingham stations. Benefits from allocated parking.

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WARLINGHAM £950 pcm

A 3 double bedroom semi detached house arranged over 3 floors in a cul de sac location with good size lawned rear garden. Benefits from gas central heating and double glazing. Available immediately. Unfurnished. Would suit family.

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REDHILL £1100 pcm

A 4 bedroom semi detached 3 storey Victorian property offering versatile accommodation in a convenient location for town centre and stations at both Redhill and Earlswood. Benefits include high ceilings and some original features. Suit family or sharers.

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GODSTONE £1295 pcm

A 5 bedroom (4 bedrooms plus study) period cottage (formerly 2 cottages), tastefully modernised and set in a prominent position in Godstone village, overlooking the green. Features include inglenook fireplace, quarry tiled flooring and beamed ceilings and walls. Unfurnished.

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**CATERHAM £600 pcm**

Well presented 1 double bedroom flat. Spacious lounge. Fitted kitchen. Bathroom. Use of communal lounge/laundry room/gardens. Parking. Avail Now u/f

**KENLEY £700 pcm**

Well presented 1 bedroom ground floor maisonette. Spacious lounge. Modern fully fitted kitchen. Attractive bathroom. Parking. Avail Now Furnished

**CATERHAM ON THE HILL £750 pcm**

Newly refurbished 2 double bedroom maisonette. Modern and stylish kitchen and bathroom. Spacious lounge. Garden to rear. Avail Now u/f

**CATERHAM VALLEY £775 pcm**

Newly refurbished character 1 bedroom apartment in converted manor house. Large lounge. Fully fitted kitchen. Bathroom. Parking. Avail Now Furnished

**CATERHAM £795 pcm**

Spacious 2 double bedroom split level apartment. Fully fitted kitchen. Spacious lounge/dining room. Bathroom. Garage. Avail Now u/f

**WHYTELEAFE £905 pcm**

Unique character 2 bedroom apartment. 2 large reception rooms. Kitchen & bathroom. Ample parking. Avail Now u/f

**CATERHAM £925 pcm**

Newly built 2 bedroom first floor apartment. Good sized lounge. Large Balcony. Bathroom. Modern de-luxe kitchen with fully integrated units. Avail now u/f

**WOLDINGHAM £1095 pcm**

Spacious 3 bedroom semi-detached house. Good sized lounge/diner. Fitted kitchen. Garden. Parking. Avail now u/f

**NETHERNE ON THE HILL £1200 pcm**

Newly built 3 bedroom semi-detached house. Lounge with gas fire. Breakfast room and fully integrated kitchen. Family bathroom. Avail now u/f

**CATERHAM VALLEY £1200 pcm**

Large 4 bedroom apartment. Huge lounge with original period features. Fully fitted kitchen. Large master bedroom. Bathroom. Garage and access to communal gardens. Avail End April u/f

**KENLEY £1200 pcm**

4 bedroom detached bungalow. Large lounge. Dining room. Spacious fully fitted kitchen. Family Bathroom. Off-street parking. Triple length garage. Avail End March u/f

**NETHERNE £1300 pcm**

Well presented 3 bedroom mid-terraced property. Stylish fully fitted kitchen with larder/utility room. Lounge/dining room. Family Bathroom. Avail now u/f

**CATERHAM ON THE HILL £1300 pcm**

3 / 4 bedroom end of terraced property set over 3 floors. Kitchen/breakfast room. Lounge. Patio garden to rear. 2 bathrooms. Parking & garage Avail Now u/f

**CATERHAM VALLEY £1350 pcm**

New-build 3 bedroom detached property. Large hallway. Family bathroom. Living area with spacious lounge with patio doors. Fully fitted kitchen. Small office. Parking for 2 cars. Avail End March u/f

**OLD OXTED £1350 pcm**

Stunning 2 bedroom ground floor apartment. Spacious lounge with access to private patio. Family bathroom. Fitted kitchen. Allocated parking. Avail end march furnished

**WARLINGHAM £1895 pcm**

Immaculate 4 bedroom detached property. Large stylish kitchen/breakfast room. Good sized lounge. Dining room/living room. Family bathroom. Avail now u/f

**WARLINGHAM £1895 pcm**

Beautifully presented 4 bedroom detached house. Modern fully fitted kitchen. Spacious open-plan living space. Good sized bedrooms. Family bathroom. Integrated double garage and ample parking. Garden. Avail now u/f

**CATERHAM £2150 pcm**

Good sized 5 bedroom detached house. Large lounge. Fully fitted kitchen. Office. 5 bedrooms upstairs. Garden to rear. Avail now u/f

**CATERHAM ON THE HILL £2450 pcm**

Large and spacious 6 bedroom detached house laid out over 3 floors. Lounge with feature fire-place. Dining room. Fully fitted integrated Kitchen/breakfast room. Utility room. Ground floor cloakroom. Family bathroom with high quality fixtures. Garage Avail Now u/f

**WARLINGHAM £3000 pcm**

Brand new 6 bedroom detached house. Large deluxe fully fitted kitchen/breakfast room. Good sized lounge with fireplace. Family bathroom. Top floor with 2 bedrooms. Garden to rear. Ample parking. Avail now u/f

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