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Thursday, 16th April saw the unveiling of the specialised end of life care now being provided across East Surrey by St. Catherine's Hospice in Crawley. The event that took place at Woldingham Golf Club was organised by Surrey County Councillor Sally Marks to launch a new fundraising initiative for the hospice. Pictured, from left to right, are East Surrey MP, Peter Ainsworth, Cllr. Sally Marks, news presenter Nicholas Owen and Chief Executive of St. Catherine's, Shaun O'Leary. See page 2 for full story.

Turn to the 'Homes and Gardens' feature in the centre spread and enter our COMPETITION to win £25 worth of Knights Garden Centre vouchers!





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### **NDEPENDENT**

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#### Editor Julia Church

Property

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#### Please support St. Catherine's!

Last month Woldingham Golf Club hosted a lunch, organised by Surrey County Councillor Sally Marks, to launch a new fundraising initiative for Caterham's new hospice provider, St. Catherine's in Crawley. With the recent closure of the Marie Curie hospice in Caterham, St. Catherine's hospice is now providing end of life care for residents in the Tandridge area.

Among the many guests was newsreader and Reigate resident Nicolas Owen, who said: "Those of us who live in Reigate already know about the good work of St. Catherine's which does a superb job. We have a St. Catherine's charity shop in Reigate which is a great way to raise awareness. Catherine's is our local hospice now and I wish everyone good luck." The Chief Executive of St.

Catherine's, Sean O'Leary is keen to raise support for the He said: "St. hospice. Catherine's is not a name well known in this part of the county but the needs of

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patients and their families are at the heart of everything we do. St. Catherine's isn't just bricks and mortor; it's a philosophy of care."

120 patients from Caterham were transferred to St. Catherine's last month and the staff work hard to provide practical and medical support for the patients. The hospice was established 25 years ago and has cared for 13,000 people at the end of their lives. Most of their work takes place outside of the hospice with 70% of their patients being cared for in their own homes.

MP for East Surrey Peter Ainsworth conveyed his enthusiasm for the hospice at the lunch, saying: "There is a real sense of professionalism, compassion and care when you visit the hospice. The people of Caterham do not know what they have been missing."

All the care that is provided by St. Catherine's is free and so the hospice relies on their supporters and volunteers. Surrey County Coun-cillor for Caterham Valley Sally Marks is eager for the community to support the local project. "This is about the whole community being

able to support the project and we all need to think of ways of supporting St. Catherine's" she said. For more information on St. Catherine's hospice go to www.stch.org.uk

#### **County Council** condemns EDF

Surrey County Council has taken EDF to task over their poor performance and failure to meet targets set by national regulator OFGEM. The council has been unhappy with EDF's performance for some time, and EDF made a commitment to work towards meeting the targets set by national regulator OFGEM. Unfortunately EDF has shown almost no improvement in the time taken to fix faults during the last year and is still significantly below the OFGEM targets.

Despite their performance being so poor, EDF has announced almost a 20% increase in costs for street lighting work this year, without any notification or consultation and on top of significant cost increases in the last few years.

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David Hodge, Chairman of the Council's Transport Select Committee, said: "We are extremely disappointed with EDF. To impose significant cost increases on top of such poor performance is totally unacceptable."

Mr Hodge added: "Our residents are not getting the service they deserve. Unfortunately, EDF is a mo-nopoly and we can't just go to another provider.

The committee agreed at a recent meeting to write to EDF to press for improvements and to get EDF to obtain the OFGEM targets. The committee will also be working alongside other councils to pressurize EDF and they will be lobbying OFGEM to do the same.

MBER - 200



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#### Come to the party!

by Caterham Festival Chairman, Andy Parr



Sunday 24th May will see the first ever street party for all local residents. The Council has given permission to close Caterham High Street for the event. The afternoon will start at 2pm with a boat race organised by Caterham Round Table. After that there will be two stages for music and entertainment, and many local bands have offered their services. In the Community Centre there will be a swing iive tea dance with the Congeroo club. Ben Green, the renowned BMX rider will be

performing tricks; Rico the clown will be entertaining the younger children and there will be a circus skills area. Jelly and ice cream for children will be served, and there will be many more games and entertainment. Come and leave your mark on the giant graffiti wall or have a ride in a Caterham 7. Teas will be available in Hillcroft Court, and there will be stalls in the High Street. Rumpledrumskin will also be performing before the party ends at 9pm. See you



there!

Local residents launch the Round Table Boat Race

### Bunny Fun Run results and photos

01883 346641

The results of the 2009 Rotary Bunny Fun Run which took place on 5th April can now be viewed on our website, www.caterham-independent.co.uk

So far over £1,000 in sponsorship money has been received by Caterham Rotary and the money will be divided between the Marie Curie Hospice charity, Marden Lodge School and other local charities. Caterham Rotary would like to thank Catar Taxis, Ross Cycles, Barclays Bank and the Caterham and District Independent for their sponsorship of the event.

Caterham Rotary are also delighted to announce that their recent Charity Golf Day at Surrey National Golf Club raised over £3,000 which will be divided between the Prostate Awareness charity and Surrey Air Ambulance. 100 people attended the event last month, with glorious sunshine helping to ensure the day was a great success.



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### In the **Spotlight**

4

month we feature This Caterham restauranteur. Gio Gonzalez, the owner of 'Casa Lola' Spanish restaurant in Caterham Valley. Gio is currently training for his sponsored London to Paris cycle ride this summer in aid of the leukaemia charity, the Favourite TV show: I am Geoff Thomas Foundation.

Birthplace: Ronda in Spain.

Marital Status: Free (open to offers).

Children: Six daughters.

Cars: Toyota Supersport.

Pets: None.

Childhood hero: Alfredo D'Istefano, probably the best football player of all time.

**Favourite Food & Drink:** Spanish and Italian food: red wine.

Favourite song of all time: My Way sung by Frank Sinatra

Pastimes: Golf.

Likes: Discipline; Hardworking people.



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sues and relieving tension

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able.

areas.

last 13 years.

and pain."

"The Bowen

Dislikes: Dishonesty.

always working - no time for tv!

Favourite books: Don Quichote by Cervantes; Les Miserables by Victor Hugo.

Favourite holiday destination: Anywhere in the sun.

**Biggest influence on** your life: My mother.

Proudest moment: The birth of my daughters.

Where would you most like to live? The Italian Riviera.

Who would you most like to meet? Mrs Thatcher.

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Bowen Technique practitioner, Vanessa Ashworth, BTER.

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Vanessa continued: "The beauty of this treatment is that I can treat a three week old baby right up to a person in their nineties. Some people come to see me with chronic problems that they have suffered with for years and the Bowen Technique is their salvation!"

Conditions that respond Vanessa is currently offering £5 off first treatments. well to treatment include To book a session call Vanessa Ashworth on 07787 golfers/tennis elbow, hay 123129.



#### The East Africa Trust - continuing to improve lives

Caterham resident Tristan Cooper has set off on his latest trip to Malawi in his role as founder of the East Africa Trust charity (EAT). The primary aim of EAT is to help alleviate poverty and malnutrition in Malawi and Rwanda through improved irrigation techniques, soil management, composting and agricultural education. Last year the charity bought three acres of land on the shore of Lake Malawi, named Bamboo Beach. Before he departed Tristan spoke of his plans for his six month visit: "The plan is to provide a community training centre where we can demonstrate in practical terms a variety of vital skills for the local people.

"By teaching good agricultural practices, we will be able to provide for ongoing soil improvement and good nutrition, which will lead to better health".

2009 sees the charity continuing to develop the land and providing trees for fruit and building materials. They are also about to start building a classroom and some basic accommodation.

There will be a report on the charity's progress in the Caterham and District Independent this autumn.

For more information on the East Africa Trust visit: www.surreycommunity.info/ eastafricatrust



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Schoolchildren switch uniforms for St. George's Day



Schoolchildren throughout Caterham were permitted to wear their scout or guide uniforms to celebrate St. George's Day on 23rd April last month. Pictured above are pupils from St. Francis School in Caterham-on-the-Hill with District Scout Commissioner John Andrews (centre back) and scout leader Andy Parr.

#### **AQUARIUS SWIMMING CLUB** 01883 344662 - 01883 342270 Email info@aquariusswimming.co.uk Year 7 pupil, 11 year-old Tasmin Fuhrmann with 92 yearold Albert Rerssland at the Douglas Brunton Centre. SWIMMING LESSONS and LIFESAVING or Beginners, Improvers and Advanced Standards LE TY Established in 1979 and offering classes in T'S A Caterham, Warlingham, Oxted, Hurst Green. e-school and Day Nursery -A class to suit all ages and stages. We welcome new swimmers. Ask for a try out lesson! We are holding an **OPEN DAY** OUR FRIENDLY LOCAL PET SHOP <u>Essendene Lodge School</u> Small mammals, birds, coldwater and tropical fish Independent Primary and Nursery School Always competitively priced Open seven days a week, 'Educating children today for the challenges of tomorrow' including Sundays 10-4 FREE PARKING FREE LOCAL DELIVERY 26 Chaldon Rd, Caterham-on-the-Hill Tel: 01883 348814 Are you interested in an excellent private education for your child?



Essendene Lodge School Essendene Road, Caterham Surrey CR3 5PB 01883 348349 www.essendenelodge.surrey.sch.uk Funded Nursery Places

#### de Stafford pupils visit Douglas Brunton Centre

In the March edition of the Caterham and District Independent we reported how Tandridge District Councillor Jeremy Webster has been working with de Stafford School pupils on local community projects, supported by local adult mentors. On Friday the 17th April one group of youngsters spent a few hours of their Easter break accompanying Jeremy on a visit to the Doualas Brunton Centre in Caterham-on-the-Hill as

part of their 'Reachout' project. The Centre in Chaldon Road is a popular meeting place for local elderly residents who enjoy having somewhere to meet, have lunch and take part in activities outside of their own homes. After being introduced to the members by Jeremy, the youngsters and elderly folk were soon chatting happily and getting to know each other. "The children and members really hit it off," said Jeremy after-wards. "The projects have made a really encouraging start and its great to see the pupils getting involved in the local community".



#### Countdown to the Caterham Carnival!

Plans are forging ahead for the 2009 Caterham Carnival which takes place on Saturday 13th June at Westway Common, Caterham-on-the-Hill. Last year's event raised £6,600 for its beneficiaries and it is hoped that a fine day and good attendance will ensure a similar amount is raised again this vear, if not more!

Back by popular request is Mark Stannage with his breathtaking Flaming High Fall Show as the main arena act. The carnival floats and colourful walking procession will arrive at Westway Common at 3.15pm when the judging will take place for the best float.

One of this year's beneficiaries, the 1st Caterham (St. Mary's) Scout Group is holding a car wash on Saturday 9th May from 10am-3pm at their hut in Park Road, Caterham-on-the-Hill and the proceeds raised will go to the Carnival Fund. Look out for the Carnival Programme which goes on sale later this month.

Caring for Children birth-Syr

EASI



#### de Stafford hockey team gets set to fly off to Malta!

hockey team has been going from strength to strength, coming second in a recent London tournament, despite only playing together for six months.

To reward them for their continued commitment the team has been given the chance to go on a hockey tour in Malta. In addition to giving the team valuable experience, it is hoped the tour will inspire the younger year groups to

The de Stafford School commit to hockey and enjoy the great rewards. Over the coming months the team needs to raise £5,000 to pay for the trip and has raised £1,500 so far by organising various fundraising projects, in-cluding car washes, fun runs and mufti days. If you or your organisation is interested in helping the team go on this once in a lifetime trip through sponsorship, please call Lisa Nightingale at de Stafford School on 01883 347818.



The de Stafford School hockey team

#### s Children's Centre Marden Lodge School, Croydon Road, Caterham CR3 6QH SureStart There are lots of exciting things happening at Kestrels: SUMMER HOLIDAY PLAYSCHEME We are now taking bookings for our Summer Holiday Playscheme 23rd July – 28th August. Fees start at £3.25 per hour but places are limited so call us NOW for a booking form. BABY SIGNING

### COURSE Starts Monday 8th

June for six weeks. For more info visit www.sunnysigners.co.uk or call Diane on 07752 660143. The course is FREE but a deposit of £25.00 per family must be paid in order to ensure attendance. This will be refunded at the end of the course.

estre/s

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#### PARTY IN THE PARK

Tickets go on sale on Monday 18th May at £5.00 per adult, £2.50 per child. Places are limited and tickets are available on a first come, first served basis: www.partyintheparkcaterham.co.uk.

STAY & PLAY Free sessions every Monday, 9.15am - 11.30am - just turn up. SMOKING CESSATION SESSIONS

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Visit our new website at: www.kestrelschildrencentre.co.uk

For more information call 01883 348641



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Last month's edition of The Caterham and District Independent featured an article entitled: 'Film students zoom in on Party in the Park'. The event organiser mentioned in the article was incorrectly named as Mark Lewis and should have been named as Mark Jones. We are very sorry for the mistake, especially to the lovely Mr Jones!



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> Stay and Learn Starting Thursday 23rd April 9.30-11.30 A weekly play session for Registered Childminders and the children in their care.

> > Grandtime! For Grandparents and the children in their care -Friday 29th May 1-3

THEN a monthly Stay and Play session, have fun together on the first Wednesday of each month starting Wednesday 3rd June 10-12.



# SORRY!



### In the garden

by Alec Herbert

As the days grow longer and warmer, many spring flowers are beginning to fade or have already died back. Thoughts have probably turned to replacing crocus, daffodil and tulip bulbs with geraniums, petunias, bizzie lizzies and the other usual suspects.

Do not be in a hurry to put such thoughts into action iust vet. Most bulbs will benefit from dead-heading but leave the stems to die back naturally as this will help feed the bulb, hopefully producing good flowering next season. After two or three seasons in the same

### What's On

#### **Caterham Festival**

The Festival Launch takes place on Saturday 23rd May with an open-air art exhibition in Church Walk, Caterham Valley.

Two of the main events of the Festival will be the Street Party in the High Street, Caterham-on-the-Hill on Sunday, 24th May

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place, most bulbs will naturalize, producing bulblets or cormlets. If these small bulbs are allowed to develop without being re-located to other areas of the border or bed, they can become overcrowded and will compete for nutrients in the soil. This will almost certainly result in a reduction in flowerina.

Lifting and dividing clumps of bulbs or corms every three or four years will be beneficial to the bulbs themselves and also increase the floral display at very little effort and no cost! Should you wish to lift and store bulbs for replanting in the autumn months, ensure they are not damaged by the fork, shake off the ex-

taking place during the Fes-

tival visit www.caterham-

Bowling Club Open Day

Caterham Bowling Club are

holding an Open Day on

Sunday 10th May from

10am onwards at their

Queen's

Park

in

festival.org.

Green

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cess soil and store in a cool dry place. Taking out bulbs in areas which may be subject to water-logging during periods of heavy summer rain is certainly the preferred option. This will prevent rotting which will occur in very wet conditions.

Whilst different bulbs will have different needs, most can be lifted or divided when the foliage has died back. This will enable the bulbs to be located easily.

Having mentioned corms I should point out that cyclamens do not like disturbance so any attempt to move them may not be successful.

As always, there is plenty to do in the garden - happy aardenina.

and the Party in the Park at Road, Caterham-on-the-Marden Lodge School in Hill. All are welcome. Caterham Valley on Satur-Please wear flat soled shoes day 27th June. For more or trainers. For more inforinformation about these mation call 01737 552930. and all the other activities Munch with Music

The next 'Munch with Music' event at St. John's Church, Clareville Road, Caterham takes place on Wednesday 6th May. Concert Harpist, Keziah Tomas, will perform works by Handel, Parish-Alvars and Piazzoll. Doors open 12.15. Admission free.

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#### Tandridge Art Society Exhibition Review by Katie Cooper

Last month, Tandridge Art Society hosted their 33rd Annual Exhibition in the Soper Hall, Caterham. The exhibition boasted a wide variety of styles to suit all tastes as well as having various crafts for sale. The exhibits consisted of work by local artists from the Tandridge area and included paintings by guest artist, Jo Hodder. The numerous paintings reflected a variety of media, from watercolours, pastels and acrylic to collages and em-The beautiful broidery. pieces of work included landscapes, still lifes and portraits for the visitors to appreciate.

Those who attended the exhibition were invited to vote for their favourite piece of

### **Readers**' Letters

#### **Messy motorists**

I'm a member of an active cycling club, riding many miles all over the county and beyond. In recent years I, and many other members have noticed the increasing and depressing amount of rubbish thrown from cars, most of which doesn't degrade.

The Police have no strategy to deter or catch the culprits: our Local Authorities have no interest in cleaning up the mess. Doesn't anybody care about our beautiful countryside? Just what artwork. The winner will be awarded the Curzon Price Award which is funded by the Society.

The exhibition added a spark of culture to Caterham and all who attended were treated to some magnificent pieces of work. For more information about the Society call Betty Sawyer on 01883 343372.



'Free as the Wind' bv Brenda Melville

are we paying our rates and taxes for? Russell Hicks, Woldingham,

#### Recycling - are there really benefits?

Has anybody discovered how much our council saves or makes in money terms from us all re-cycling our cardboard/glass/plastic etc.? I have never heard if it costs us money or saves us money or where all this recycled rubbish goes. Are there any financial benefits from us all putting out our green boxes? Is the council reflecting this in our rates? Does it reduce our rates or does it cost us all extra monev?

Paul Forrester, Caterham.



#### 10



















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    - Teeth Whitening
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#### A Far Eastern Fantasy!

Review by Julia Church

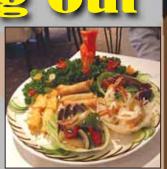
12

When the Buddha Oriental Restaurant opened last month in Kenley, the local residents were delighted to have such a superb restaurant in their midst and have been keen to try out its delicious and unusual dishes from the Far Fast.

The large restaurant is simply and cleanly decorated creating a relaxed atmosphere. This is enbackground music that includes classics such as 'The Living Years' by Mike and the Mechanics, for example.

The food is quite simply superb. Diners can eat as much as they want from a selection of perfectly cooked starters, intermediate courses, mains and deserts with no rules - spend all night dining on as many starters as you wish if that is your choice!

The Buddha is Ray Chai's first restaurant. Ray is a charming young entrepreneur with a passion for introducing diners to new dishes from the Far East, including Malaysia, Japan and Thailand. He

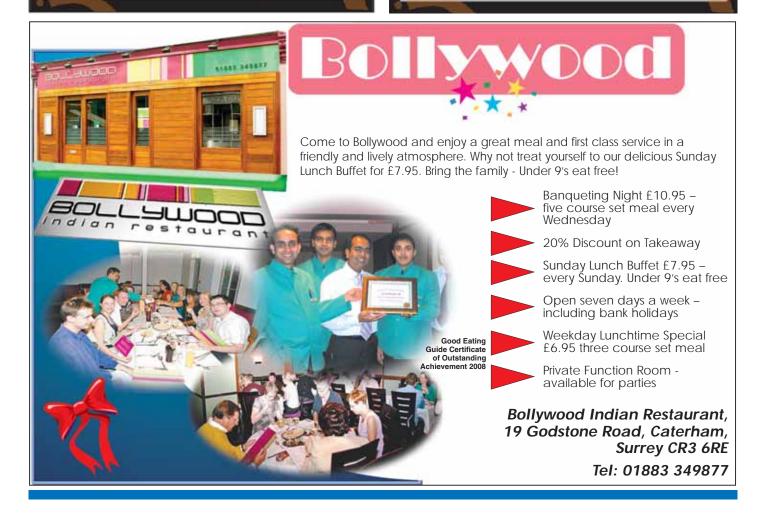


wants his customers to try things hanced by the choice of gentle they will not have had before and will be changing the menu regularly so there is always something new for his customers to try

Following a sumptuous platter of starters followed by Crispy Aromatic Duck, my partner and I enjoyed a long rest before having Ray's recommendation of main courses - Malaysian Rendang Style Sauce with lamb, Mango Chicken and Golden Delicious Sauce with prawns accompanied by vegetables and rice. The combination was wonderful. I recommend you get along there this month while the cost is £12.60 per head instead of the usual £15.90 Eniov!



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#### Who wants to be a Volunteer? by Mario

"I can't bel small bund turn our ho down the v wouldn't h now – he family." their new one volunt memories the vulner terrier tak their routi within hour

Mv own ag our house iron' according to my husband but we could not imagine parting with her. But during these stringent economic times this is a decision some families, faced with rising costs, have to make.

Volunteers



13

family has ope. As a arity may e-home a

osts chariing some ative fund all of e help and inteers. At the Volunteer Centre we will be promoting these opportunities shortly, so please get in touch if you would like to help families keep their much loved pets healthy, and most important of all, at home with them.

Want to know more? Please ring me, Marion Piggott, at the Volunteer Centre, 01883 344444, email:caterhamvc@owen2 9.wanadoo.co.uk, or visit our website: www.surreycommunity.info/tvsc/

Project Manager for the Downlands Project said: "The loss of the Landrover, particularly at this time of year is causing considerable difficulties"

The Downlands Trust charity, which supports the Downlands Project, is running a campaign to raise money for a replacement Landrover. If you would like to help raise money please contact Alec Baxter-Brown on 01737 737700. For more information on the Downlands Project go to www.downlandsproject.org.uk



Junicer .	
on Piggott	(E)
ieve that such a dle of fur could ousehold upside way it did. But I	
be without him be spart of the The arrival of puppy had left ever with happy as she recalled able and feisty king charge of	has meant the f been able to co last resort a ch be able to re much loved pet. To cover their co ties are planni
nes and hearts rs. Jed Westie rules 'with a paw of	new and innova raising efforts which require the expertise of volu

Over the last few months I have been talking to several charities concerned with animal welfare. All report similar problems and they are trying hard to help. In some cases assisting with vets fees or provision of free services

areas, relied heavily on their old and faithful Landrover, which was stolen on the night of Tuesday the 7th April and subsequently found burnt-out in Tandridge. used the Landrover to do conservation work and to improve access to the countryside for everyone. The Project's flock of sheep has just been expanded due to the birth of 43 lambs, but without the Landrover it will be difficult to provide grazing on local nature reserves for them. Alec Baxter-Brown the



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Four Letter Answers

- 1. A tandoor is a clay what? 2. King Priam was the last ruler of which ancient
- 1960 summer Olympics?
- an inverted stitch in
- 5. In betting parlance, what is the slang term

		Pony.	<u>د</u>
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# **Downlands Project**

ronmental group will be severely hampered this summer unless it can replace its Landrover which was stolen last month. The Downlands Project, which looks after the local countryside and surrounding



#### Caterham Cricket Club spruces up for the new season

Now starting their fifth season at the Old Caterhamians' Sports Association ground on Park Avenue, Caterham CC are really feeling at home.

On Saturday 4th April as part of the national 'Nat West Cricket Force' scheme they built their foundations still further as they completely re-painted the exterior of their clubhouse: no small feat!

A team of over 20 willing volunteers, comprising junior (both girls and boys), senior and former players

set their hand to the huge painting task. Supported by Surrey

County Cricket Club coaches Surrey and captain Jonathan Batty, ladders were swiftly erected and sandpaper applied as woodwork and masonry were smartened up. As the weather improved towards the afternoon an impromptu game of cricket even took place, even though the ground underfoot was still distinctly damp.

Club chairman Graham Samuels said: "We are all delighted by the end result and what a great start to the 2009 season! We are looking forward to an excellent summer and this shows how ambitious the Club and its members are."

Caterham Cricket Club train outside at Caterham School on Tuesday evenings. Any players aged 14 or over are invited to come down and net between 6pm and 8.15pm. Girls training takes place on Wednesdays from 6.15pm to 7.15pm and Ladies Training from 7.15pm to 8.15pm. Boys training (aged 13 and under) takes place on Thursday evenings from 6.30pm to 8pm. Caterham CC is always on the look out for new players of all standards and is looking forward to seeing some new faces at the club in

2009.



The volunteers take a break before finishing off the task
For more information about Caterham Cricket Club
visit www.caterhamcc.com



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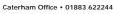
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